

BREAKFAST MENU



WAFFLES

Not your average waffle!
Our Norwegian-style stuffed waffles
are thin, soft, and wonderful.
When you add our unique twist on fillings,
these waffles are out of this world!

Served with Fresh Fruit

Nutella & Banana Nordic Waffle	\$12
<i>Nutella and sliced bananas stuffed in a Nordic Waffle.</i> — add strawberries in waffle +\$1	
Bacon, Sausage & Hot Honey Stuffed Nordic Waffle	\$13
<i>Crumbled bacon, sausage, egg, shredded cheese, with hot honey stuffed in a Nordic Waffle</i>	
Salmon & Dill Nordic Waffle	\$14
<i>Cold smoked salmon, egg, lemon caper dill cream cheese, spinach & fresh dill stuffed in a Nordic Waffle.</i>	
Greek Gyro Nordic Waffle	\$14
<i>Gyro meat, egg, Roma tomatoes and tzatziki sauce stuffed in a Nordic Waffle.</i>	
Ham & Goat Cheese Nordic Waffle	\$13
<i>Honey baked ham, egg, goat cheese, fresh spinach and truffle balsamic glaze stuffed in a Nordic Waffle.</i>	
Fruit Stuffed Nordic Waffle	\$12
<i>Nordic Waffle with fresh berries & cream cheese whipped with fruit preserves. Topped with whipped cream & Spence's maple syrup.</i>	
Kids Nordic Waffle	\$9
<i>Nordic Waffle stuffed with fresh berries, topped with whipped cream and Spence's maple syrup.</i>	

SPECIALTIES

Urban Breakfast Board	\$16
<i>Cold smoked salmon, lemon caper dill cream cheese, fresh fruit, white ciabatta toast or warm croissant, butter, and preserves.</i> — Sub two pieces GF toast for \$2.00	
Meat & Cheese Croissant Sandwich	\$13
<i>Bacon or ham, your choice of cheese and scrambled eggs on a warm croissant. Served with fresh fruit.</i> — Sub two pieces GF toast for croissant for \$2.00	
Quiche	\$14
<i>Home-made potato crusted quiche in a variety of ever-changing flavors with fresh fruit and a mini muffin.</i>	
Urban Combo - Choose Any 2	\$16
<i>Your choice of a small garden, Caesar, or Greek salad, or a cup of one of our delicious soups, or our homemade quiche</i>	
Portabella, Veggie & Egg Scramble	\$13
<i>Portabellas, caramelized onions, roasted red peppers, sun-dried tomatoes, provolone, scrambled eggs, and Croix Valley Garlic and Herb sauce on fresh spinach. Served with fresh fruit</i> — vegan - substitute tofu for eggs and no cheese	

SIDES

GF Gluten-Free Toast (2 pieces)	\$5
<i>with butter and preserves</i>	
Ciabatta Toast or Warm Croissant	\$4
<i>with butter and preserves</i>	
Fresh Fruit Plate	\$6
Scrambled Eggs	\$5
Sliced Avocado Half	\$3
Hard-Boiled Egg	\$3
Side of local Maple Syrup	\$1